

Subject:

A Level Physical Education

Units and Content:

- Anatomy and Physiology
- Skill Acquisition
- Socio-Cultural Studies relating to participation in physical activity
- Sports Psychology
- Biomechanics
- Exercise and Sport Physiology

A practical assessment in one sport is also involved, whereby students can take on the role of a performer or a coach.

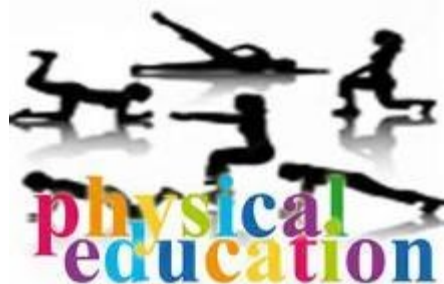
Component 1: theoretical aspect = 70%

- Paper 1 (Anatomy & Physiology & Biomechanics) = 2h 15m
- Paper 2 (Sports Psychology & Socio Cultural Aspects of performance) = 2h 15m

Component 2: practical assessment in 1 chosen sport 30% (via practical moderation) and written NEA task piece.

Additional Information:

Students do not need to be actively engaged in sports outside of school, but it is an advantage. All students will be required to compete in a chosen sport/activity, to a high standard.



Examination Board:

Edexcel

Progress into Careers and Higher Education:

Sports Psychologist
 Professional Dancer
 Professional/Semi-Professional performer
 Lecturer (Via additional Masters or PhD)
 Sport Scientist
 Sports Therapist
 Sports Management
 Sports Analyst
 Teacher
 Fitness Instructor
 Physiotherapist
 Sports Development
 Coach
 Choreographer
 Dance Therapist
 Leisure Management

Student views:

"Positive learning environment."

"Supportive staff."

"Motivated me to go on and have a career in sport and opened my eyes to university options."

"It applies theoretical knowledge to physical situations. Meaning you learn how your body and mind works"

"Enjoyable subject to learn."

Destinations and Courses studied:

University of Bedfordshire—BA(Hons) Physical Education
 Leeds Metropolitan—BSc Sports Science
 Liverpool John Moores University—BA (Hons)
 Secondary Physical Education with QTS

Curriculum Leader:

Mr J Fuller + Mrs L Funge